



Recipe from: [My Catholic Tradition](#)

Sweet and White Potato Spears

Prep: 10 min Total: 1 hr 10 min

- 1 1/2 lb sweet potatoes, cut into spears
- 1 1/2 lb baking potatoes, cut into spears
- 1/2 cup Italian dressing
- 1/4 cup grated parmesan cheese
- 2 tbsp garlic powder
- 2 tbsp chopped fresh parsley

Pre heat the oven to 375 deg F.

Toss the potato spears with the dressing in a large bowl until evenly coated.
Place the potato spears on a lightly grease baking sheet or in a 15 x 10 x 1-inch baking pan.

Bake for 30 min.
Turn the potato spears and bake an additional 30 min.
Sprinkling with the cheese during the last 5 min of baking.
Sprinkle with the garlic powder and parsley.

Serves 8